

2009 Oregon State CHAMPIONSHIPS

May 2nd 2009

Multnomah Athletic Club, Portland, OR





USA-NKF Of Oregon

PO Box 1267, Hillsboro Oregon 97123

Dear Sensei, Coach and Athlete;

You are cordially invited to attend the Oregon State Championship and 2009 USA-NKF Qualifier on Saturday, May 2nd at Multnomah Athletic Club. This event is open to all athletes who would like to compete in a high-caliber tournament with qualified officials and is mandatory for those who hope to participate in the USA National Championships and Team Trials in Fort Lauderdale, Florida in July 2009

As your Oregon State RSO, I am excited to present this tournament and look forward to a fine event with many outstanding competitors. I am keenly aware that individual participation and support are critical to a successful federation and ask that you join me on tournament day as a competitor, official, volunteer, or spectator. I appreciate your contribution to this event and trust you will find USA-NKF Of Oregon worthy of your time and involvement.

I welcome and appreciate the participation of officials with all levels of USA-NKF certification. Attire for referees and judges will be gray slacks, blue blazer, white shirt, black shoes, black or blue socks, and blue tie. There will be a meeting for all officials at 9:00 a.m. and competition begins at 10:00 a.m.

I look forward to seeing you there.

Sincerely,

Wally B. Hancock

USA-NKF Of Oregon



Oregon State Championship 2009 Gold Medal Sponsorship

The USA-NKF of Oregon was founded to support the traditional karate athletes of Oregon State by providing the highest quality environment for education, training and competition. As a first step toward this goal, we will be awarding sponsorship to two gold medal winners at our tournament on May 2nd. The sponsorships (\$150 and \$200) will be presented to gold medal winners who wish to compete at the highest level in the US – the 2009 USA-NKF National Championships. Our long-term goal is to build on this program and expand our ability to assist athletes from Oregon State to compete nationally and internationally.

Basic Rules:

- A drawing will be held at the conclusion of the tournament.
- Winners of Advanced Divisions age 13 and above in Kata and Kumite will be eligible for \$200 sponsorship.
- Competitors must be current members of USA-NKF. If a non-USA-NKF member wins a division, the highest ranking USA-NKF member will be entered for the drawing.
- Competitors (or parent if under 18) must indicate they wish to participate in this drawing
- Individual divisions only (no teams)
- Each first place allows for one entry for the drawing (e.g. 3 gold medals = 3 entries)
- Two names will be drawn for each sponsorship-the winner and an alternate
- The winner will be contacted 30 days before the tournament to confirm that they will attend. If the winner cannot attend the tournament the alternate will be offered the Sponsorship
- A check for \$150 or 200 will be presented to the athlete at the National Championships by an officer of the USA-NKF of Oregon
- Rules subject to change and restrictions apply. See entry forms at the tournament

Oregon State Championships

- **Date:** Saturday, May 2, 2009
- **Place:** Multnomah Athletic Club
- **Schedule:** Referee and Judges meeting at 9:00 am
- **Late Registration:** 8:30 am – 9:30 am
- **Time:** Competition begins at 10:00 am

- **Rules:** USA-NKF Rules of Competition
Traditional white karate-gi with no patch or USA-NKF patch only
Kumite competitors must wear red or blue fist pads, red or blue belts, mouth guard, groin protector (males), and optional female chest protectors. WKF Approved instep protectors and shin protectors are optional. (Red and Blue pads will be at each ring)
For more information regarding equipment and rules please refer to website www.usankf.org

- **Fees:**
With Current Annual USA-NKF Membership
\$35 for one event
\$10 for each additional event
\$60 per three member team (\$20 per person). No mixed gender teams
Teams may sign up at tournament site.

With One-Day USA-NKF Membership
\$50 for one event (includes one-day USA-NKF membership)
\$20 for each additional event
\$75 per three member team (\$25 per person). No mixed gender teams
Teams may sign up at tournament site

- **Medical Insurance** **All entries MUST be covered by medical insurance to compete.**
Secondary medical insurance is included as a benefit of USA-NKF membership. Competitors may obtain Secondary Medical Insurance by completing USA-NKF Athlete Registration for either Full-year or One-day and paying the appropriate membership fee. Annual membership provides discounts for participation at all USA-NKF events.

- **Registration Deadline:** **Applications must be postmarked by Monday, April 27th, 2009**
Late registration will be accepted with a \$20 late fee.

- **General Admission:** **\$5 per person—children 5 years and under admitted free**

- **Sponsored by:** **USA-NKF of Oregon**

- **For additional information please contact: (503) 515-9192 (Wally Hancock)**

2009 Oregon State Championships



Name: _____ Years Training: _____
 please print clearly
 Age: _____ Date of Birth _____ Sex: M ___ F ___ Black Belt _____
 Address: _____
 City: _____ State _____ ZIP: _____ Phone: _____
 E-Mail address: _____ (for tournament use only)
 Name of Dojo _____ 2009 USA-NKF membership #: _____
 Instructor: _____

<u>List Div #</u> (from Division Sheet i.e. K12)	<u>Skill Level</u>	<u>Fees: USA-NKF Member</u>	<u>Fees: Non USA-NKF Member</u>
Kata Div# _____	<input type="checkbox"/> Beginner (Less than 1 year)	_____ One Division \$35	_____ One Division \$50
Kumite Div#: _____	<input type="checkbox"/> Novice (1 to 2 years)	_____ Additional Divisions \$10ea	_____ Additional Divisions \$20 ea
Weapons Div# _____	<input type="checkbox"/> Intermediate (2 to 3 years)	_____ Late Fee \$20	_____ Late Fee \$20
	<input type="checkbox"/> Advanced (over 3 years)	_____ TOTAL FEES	_____ TOTAL FEES

Send checks or money orders payable to: **USA-NKF of Oregon PO Box 1267 Hillsboro OR 97123**
 Registration must be postmarked not later than Monday, April 27th to avoid a late fee

Adult & Minor Amateur Athletic Waiver and Release of Liability

In consideration of being allowed to participate in any way in the USA National Karate-do Federation athletics/sports program, and related events and activities, the undersigned:

1. Agrees that prior to participating, they (if under 18) Parent or Guardian, will inspect the facilities and equipment to be used, and if the participant and or Parent or Guardian, believes anything is unsafe, they will immediately advise their coach or supervisor or USA National Karate-do Federation or Japan Karate Federation Northwest personnel of such condition(s) and refuse to participate.

2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inaction 's or negligence but the actions, inaction's or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time. Assume all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.

3. Release, waive, discharge and covenant not to sue The USA National Karate-do Federation, Multnomah Athletic Club , its officers, its affiliated clubs, regional sports organizations, their respective administrators, directors. agents, coaches and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessees of premises used to conduct the event, all of which are hereinafter referred to as "releasees" from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise.

4. **All entries are final, no refunds will be given.** I fully understand that any medical treatment given will be of a first aid treatment type only. I consent that any pictures furnished by me or any pictures taken of me 'in connection with the Tournament can be used for publicity, promotion or television showing now or in the future, and I waive compensation in regard thereto. All participants in any event or class in this Tournament is by permission only. The Director or his authorized agent(s) reserve the right to refuse entry to any person, school, team or club.

5. **PLEASE NOTE: All athletes must be covered by health or medical insurance in order to compete.** Participant Secondary Medical Insurance is included as a benefit of USA-NKF membership. Non members without medical insurance coverage may obtain Secondary, Medical Insurance for \$50.00, which includes 2009 membership in the USA-NKF. Please see Registration Desk personnel for necessary' forms.

6. **Statement of Health.** By my and/or Parent/Guardian's signature below I confirm that I am in sound health and there is no reason why I cannot participate in this championship and/or event.

The undersigned has read the above waiver and release, understand that they have given up substantial rights by signing it and sign it voluntarily.

 Participants Signature
 Please read entire form before signing. All Information is required.
 If under 18, release and consent must also be signed by parent or guardian.

 Signature of Parent or Guardian

 Date



Tournament Divisions

Beg - Beginner, 1 year or less training
 Int - Intermediate, 2 to 3 years training

Nov - Novice, 1 to 2 years training
 Adv - Advanced, over 3 years training

Tournament begins at 10:00am

DIV#	Kata Divisions
K0	5 yrs & under boys & girls
K1	6 to 7 yrs boys & girls Beg/Nov
K2	6 to 7 yrs boys & girls Int/Adv
K3	8 to 9 yrs boys & girls Beg/Nov
K4	8 to 9 yrs boys & girls Int/Adv
K5	10 to 11 yrs boys Beg/Nov
K6	10 to 11 yrs boys Int/Adv
K7	10 to 11 yrs girls Beg/Nov
K8	10 to 11 yrs girls Int/Adv
K9	12 to 13 yrs boys Beg/Nov
K10	12 to 13 yrs boys Int/Adv
K11	12 to 13 yrs girls Beg/Nov
K12	12 to 13 yrs girls Int/Adv
K13	14 to 15 yrs boys Beg/Nov
K14	14 to 15 yrs boys Int/Adv
K15	14 to 15 yrs girls Beg/Nov
K16	14 to 15 yrs girls Int/Adv
K17	16 to 17 yrs boys Beg/Nov
K18	16 to 17 yrs boys Int/Adv
K19	16 to 17 yrs girls Beg/Nov
K20	16 to 17 yrs girls Int/Adv
K21	18 to 34 yrs men Beg/Nov
K22	18 to 34 yrs men Int/Adv
K23	18 to 34 yrs women Beg/Nov
K24	18 to 34 yrs women Int/Adv
K25	35+ yrs men Beg/Nov
K26	35+ yrs men Int/Adv
K27	35+ yrs women Beg/Nov
K28	35+ yrs women Int/Adv
K29	45+ yrs men Beg/Nov
K30	45+ yrs men Int/Adv
K31	45+ yrs women Beg/Nov
K32	45+ yrs women Int/Adv
K33	Men Advanced Open Kata
K34	Women Advanced Open Kata

K35	14-20 yr s Female Mandatory Kata
K36	14-20 yrs Male Mandatory Kata
K37	Men Mandatory Kata
K38	Women Mandatory Kata

DIV#	Kumite Divisions
SO	5 yrs & under boys & girls
S1	6 to 7 yrs boys Beg/Nov
S2	6 to 7 yrs boys Int/Adv
S3	6 to 7 yrs girls Beg/Nov
S4	6 to 7 yrs girls Int/Adv
S5	8 to 9 yrs boys Beg/Nov
S6	8 to 9 yrs boys Int/Adv
S7	8 to 9 yrs girls Beg/Nov
S8	8 to 9 yrs girls Int/Adv
S9	10 to 11 yrs boys Beg/Nov
S10	10 to 11 yrs boys Int/Adv
S11	10 to 11 yrs girls Beg/Nov
S12	10 to 11 yrs girls Int/Adv
S13	12 to 13 yrs boys Beg/Nov
S14	12 to 13 yrs boys Int/Adv
S15	12 to 13 yrs girls Beg/Nov
S16	12 to 13 yrs girls Int/Adv
S17	14 to 15 yrs boys Beg/Nov
S18	14 to 15 yrs boys Int/Adv
S19	14 to 15 yrs girls Beg/Nov
S20	14 to 15 yrs girls Int/Adv
S21	16 to 17 yrs boys Beg/Nov
S22	16 to 17 yrs boys Int/Adv
S23	16 to 17 yrs girls Beg/Nov
S24	16 to 17 yrs girls Int/Adv
S25	18 to 34 yrs men Beg/Nov
S26	18 to 34 yrs men Int
S27	18-34 yrs men Adv 169 lbs & below
S28	18-34 yrs men Adv 170 lbs & above
S29	18 to 34 yrs women Beg/Nov
S30	18 to 34 yrs women Int/Adv
S31	35+ yrs men Beg/Nov
S32	35+ yrs men Int/Adv
S33	35+ yrs women Beg/Nov
S34	35+ yrs women Int/Adv
S35	45+ yrs men Beg/Nov
S36	45+ yrs men Int/Adv
S37	45+ yrs women Beg/Nov
S38	45+ yrs women Int/Adv
S39	Men Advanced Open Kumite
S40	Women Advanced Open Kumite

DIV#	Weapons Divisions
W1	11 yrs & under boys & girls Beg/Nov
W2	11 yrs & under boys & girls Int/Adv
W3	12 to 14 yrs girls Beg/Nov
W4	12 to 14 yrs girls Int/Adv
W5	12 to 14 yrs boys Beg/Nov
W6	12 to 14 yrs boys Int/Adv
W7	15 to 17 yrs girls Beg/Nov
W8	15 to 17 yrs girls Int/Adv
W9	15 to 17 yrs boys Beg/Nov
W10	15 to 17 yrs boys Int/Adv
W11	18+ yrs women Beg/Nov
W12	18+ yrs women Int/Adv
W13	18+ yrs men Beg/Nov
W14	18+ yrs men Int/Adv

DIV#	Team Kata
TK1	15 yrs under girls
TK2	15 yrs & under boys
TK3	16+ yrs women
TK4	16+ yrs men

DIV#	Team Kumite
TS1	17 yrs & under girls
TS2	17 yrs & under boys
TS3	18+ yrs women
TS4	18+ yrs men

DIV#	Team Weapons
TW1	15 yrs & under girls
TW2	15 yrs & under boys
TW3	16+ yrs women
TW4	16+ yrs men

Depending on number of entrants, tournament size and other factors, we reserve the right to split or combine divisions. If any person has concern about their child's division based on size of competitors or experience, they should withdraw their child from this event. Please talk with registration if you have any concerns

Note: Kumite will be judged based on the new WKF rules. See <http://www.usankforegon.org>

The four Mandatory Kata divisions will be scored using the new WKF rules for Kata. The first two rounds will require participants to perform kata from the Shitei list. If you have questions regarding these two divisions, please call Wally Hancock at 503-515-9192